9.6 Duck's Phase Model of Relationship Breakdown: Test Pack

AQA 7182 · about 15 minutes

Total Marks

Name: _____ Date: ____ / ____ / _____

Answer ALL questions.

1 Name the four original phases in Duck's phase model of relationship breakdown as applied to a romantic partnership.

(Total for Question 1 is 2 marks)

2 A brief scenario: Amelia has privately been unhappy for months but has told no one. When she finally confides in a close friend, the friend urges her to end things and informs others, after which a public argument occurs. Identify which phases of Duck's model these events map onto, naming the phase for each event and giving a one sentence justification.

(Total for Question 2 is 4 marks)

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3 Outline what happens during the intra-psychic phase in Duck's model, in the context of a partner, Erin, who privately feels increasingly unhappy about the relationship.

(Total for Question 3 is 3 marks)

4 Explain Rollie and Duck's later addition of the resurrection phase, in the context of a person, Yusuf, who starts imagining his future relationships after a breakup.

(Total for Question 4 is 3 marks)

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Mark scheme · 9.6 Duck's Phase Model of Relationship Breakdown: Test Pack

Question 1

identifies two of the original four phases by name, for example intra-psychic and dyadic oe **B1**

identifies the other two original phases by name, for example social and grave-dressing oe **B1**

Answer: Intra-psychic, dyadic, social, grave-dressing.

Question 2

identifies Amelia's private unhappiness as the intra-psychic phase, with brief justification about private evaluation oe **B1**

identifies confiding in a friend and seeking advice as transition into the social phase, brief justification about involving third parties oe **B1**

identifies the friend's urging and informing others leading to a public argument as part of the social phase producing public consequences oe **B1**

if student also notes the public argument and negotiation with partner maps onto the dyadic phase they get credit, oe **B1**

Answer: Amelia's private unhappiness = intra-psychic phase (private evaluation). Telling a friend and seeking advice = move into the social phase (involving third parties). The friend's informing others and the public argument = social phase leading to public consequences, with elements of the dyadic phase when partners confront each other about the issues.

Question 3

states that one partner privately evaluates the relationship and experiences dissatisfaction or distress oe **M1**

mentions that the partner thinks about reasons for dissatisfaction and considers alternatives oe **A1**

refers to secrecy, rumination or weighing up whether to stay and not telling others yet oe **A1**

Answer: Intra-psychic: Erin privately assesses the relationship, feels increasing dissatisfaction, thinks about reasons and alternatives, and ruminates without telling the partner yet.

Question 4

states that the resurrection phase involves the individual revising their self-narrative and preparing for new relationships oe **M1**

states that Yusuf learns from past mistakes and starts to reframe his identity and expectations for future partners oe **A1**

may mention practical re-engagement with life, testing new roles and plans for future relationships oe **A1**

Answer: Resurrection phase: Yusuf revises his self-narrative, learns from the past relationship, reframes his identity and expectations, and begins to prepare emotionally and practically for future relationships.

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