2.2 Theme 1.2: Healthy living and lifestyle - Vocabulary: 10-minute Pack

AQA 8692 · about 10 minutes

Total Marks

Name: _____ Date: ____ / ____ / _____

This pack tests vocabulary for Theme 2.2: Healthy living and lifestyle. Answer every question. You do not need a dictionary.

1 Complete each sentence with the correct word from the box below. There are two extra words that you do not need. Word box: dormir, ejercicio, el estrés, farmacia, fumar, relajarse, sana, tos.

(a) Como muchas verduras y frutas porque quiero llevar una vida _____. **(1)**

(b) Mi abuelo dejó de _____ hace diez años porque es malo para los pulmones. **(1)**

(c) Cuando tengo dolor de cabeza, voy a la _____ a comprar unas pastillas. **(1)**

(d) Es importante _____ lo suficiente cada noche para no estar cansado. **(1)**

(e) Hago _____ tres veces a la semana para mantenerme en forma. **(1)**

(f) Mi hermana tiene mucha _____ hoy; ha estado tosiendo toda la mañana. **(1)**

(Total for Question 1 is 6 marks)

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2 For each Spanish word or phrase, choose the letter (A, B, C or D) that gives its correct meaning in English.

(a) estar en forma **(1)**

- ☐ A to be in a bad mood
- ☐ B to be in good physical shape
- ☐ C to be in a hurry
- ☐ D to be on a diet

(b) sentirse mal **(1)**

- ☐ A to feel unwell
- ☐ B to feel happy
- ☐ C to feel hungry
- ☐ D to feel bored

(c) hacer una cita **(1)**

- ☐ A to make an appointment
- ☐ B to write a quotation
- ☐ C to make a phone call
- ☐ D to cancel a meeting

(d) evitar la comida basura **(1)**

- ☐ A to throw food in the bin
- ☐ B to avoid junk food
- ☐ C to recycle food packaging
- ☐ D to cook food from scratch

(e) relajarse **(1)**

- ☐ A to exercise hard
- ☐ B to fall asleep instantly
- ☐ C to relax
- ☐ D to get stressed

(Total for Question 2 is 5 marks)

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3 FALSE FRIENDS. This Spanish word looks like an English word but does NOT mean the same thing. Give (i) its real English meaning and (ii) the Spanish word you should actually use for the English word it resembles.

(a) estar constipado/a - this looks like the English word 'constipated', but what does it really mean, and what Spanish word actually means 'constipated'? **(2)**

(Total for Question 3 is 2 marks)

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Mark scheme · 2.2 Theme 1.2: Healthy living and lifestyle - Vocabulary: 10-minute Pack

Question 1

(a) sana **B1**

(a) Answer: sana

(b) fumar **B1**

(b) Answer: fumar

(c) farmacia **B1**

(c) Answer: farmacia

(d) dormir **B1**

(d) Answer: dormir

(e) ejercicio **B1**

(e) Answer: ejercicio

(f) tos **B1**

(f) Answer: tos

Question 2

(a) B - to be in good physical shape **B1**

(a) Answer: B - to be in good physical shape

(b) A - to feel unwell **B1**

(b) Answer: A - to feel unwell

(c) A - to make an appointment **B1**

(c) Answer: A - to make an appointment

(d) B - to avoid junk food **B1**

(d) Answer: B - to avoid junk food

(e) C - to relax **B1**

(e) Answer: C - to relax

Question 3

(a) estar constipado/a really means 'to have a cold' (to be congested/have a blocked nose) **B1**

(a) the Spanish word for 'constipated' is estreñido/a **B1**

(a) Answer: estar constipado/a = to have a cold; 'constipated' = estar estreñido/a.

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