



ES.V2 Theme 2.2: Healthy living and lifestyle - Vocabulary

AQA 8692 · Calculators not allowed · about 30 minutes

Total Marks

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Name: _____ Date: ____ / ____ / ____

This pack tests vocabulary for Theme 2.2: Healthy living and lifestyle. Answer every question. You do not need a dictionary.

- 1** Complete each sentence with the correct word from the box below. There are two extra words that you do not need. Word box: dormir, ejercicio, el estrés, farmacia, fumar, relajarse, sana, tos.
- (a) Como muchas verduras y frutas porque quiero llevar una vida _____. (1)
- (b) Mi abuelo dejó de _____ hace diez años porque es malo para los pulmones. (1)
- (c) Cuando tengo dolor de cabeza, voy a la _____ a comprar unas pastillas. (1)
- (d) Es importante _____ lo suficiente cada noche para no estar cansado. (1)
- (e) Hago _____ tres veces a la semana para mantenerme en forma. (1)
- (f) Mi hermana tiene mucha _____ hoy; ha estado tosiendo toda la mañana. (1)

(Total for Question 1 is 6 marks)

2 For each Spanish word or phrase, choose the letter (A, B, C or D) that gives its correct meaning in English.

(a) estar en forma (1)

- ☐ A to be in a bad mood
- ☐ B to be in good physical shape
- ☐ C to be in a hurry
- ☐ D to be on a diet

(b) sentirse mal (1)

- ☐ A to feel unwell
- ☐ B to feel happy
- ☐ C to feel hungry
- ☐ D to feel bored

(c) hacer una cita (1)

- ☐ A to make an appointment
- ☐ B to write a quotation
- ☐ C to make a phone call
- ☐ D to cancel a meeting

(d) evitar la comida basura (1)

- ☐ A to throw food in the bin
- ☐ B to avoid junk food
- ☐ C to recycle food packaging
- ☐ D to cook food from scratch

(e) relajarse (1)

- ☐ A to exercise hard
- ☐ B to fall asleep instantly
- ☐ C to relax
- ☐ D to get stressed

(Total for Question 2 is 5 marks)

3 In each group of four Spanish words, one word does not belong with the other three. Write the odd one out and give a brief reason in English.

(a) la tos, la fiebre, el dolor de cabeza, la farmacia (1)

(b) sano, en forma, relajado, resfriado (1)

(c) correr, nadar, montar en bicicleta, ver la televisión (1)

(d) el médico, la enfermera, el farmacéutico, el camarero (1)

(Total for Question 3 is 4 marks)

4 Complete each word family by giving the missing word. The word class you need is shown in brackets.

(a) sano (adjective: healthy) -> la _____ (noun: health) (1)

(b) enfermo (adjective: ill) -> la _____ (noun: illness) (1)

(c) relajarse (verb: to relax) -> _____ (adjective: relaxed) (1)

(d) estresarse (verb: to get stressed) -> el _____ (noun: stress) (1)

(e) fumar (verb: to smoke) -> el _____ (noun: smoker) (1)

(Total for Question 4 is 5 marks)

- 5** FALSE FRIENDS. This Spanish word looks like an English word but does NOT mean the same thing. Give (i) its real English meaning and (ii) the Spanish word you should actually use for the English word it resembles.
- (a) estar constipado/a - this looks like the English word 'constipated', but what does it really mean, and what Spanish word actually means 'constipated'? (2)

(Total for Question 5 is 2 marks)

- 6** Read the text and fill each gap with the correct word from the box. There are two extra words that you do not need. Word box: dormir, ejercicio, equilibrada, evitar, farmacia, relajarme, tos.
- (a) Gap 1: es importante seguir una dieta (1) _____. (1)
- (b) Gap 2: hago (2) _____ durante media hora. (1)
- (c) Gap 3: Intento (3) _____ la comida basura. (1)
- (d) Gap 4: procuro (4) _____ ocho horas. (1)
- (e) Gap 5: me gusta (5) _____ escuchando música. (1)

(Total for Question 6 is 5 marks)

Mark scheme · ES.V2 Theme 2.2: Healthy living and lifestyle - Vocabulary

Question 1

- (a) **B1** sana
- (a) **Answer: sana**
- (b) **B1** fumar
- (b) **Answer: fumar**
- (c) **B1** farmacia
- (c) **Answer: farmacia**
- (d) **B1** dormir
- (d) **Answer: dormir**
- (e) **B1** ejercicio
- (e) **Answer: ejercicio**
- (f) **B1** tos
- (f) **Answer: tos**

Question 2

- (a) **B1** B - to be in good physical shape
- (a) **Answer: B - to be in good physical shape**
- (b) **B1** A - to feel unwell
- (b) **Answer: A - to feel unwell**
- (c) **B1** A - to make an appointment
- (c) **Answer: A - to make an appointment**
- (d) **B1** B - to avoid junk food
- (d) **Answer: B - to avoid junk food**
- (e) **B1** C - to relax
- (e) **Answer: C - to relax**

Question 3

- (a) **B1** la farmacia - the other three are symptoms of illness; a pharmacy is a place, not a symptom
- (a) **Answer: la farmacia**
- (b) **B1** resfriado - the other three describe a positive, healthy state; resfriado (having a cold) is negative
- (b) **Answer: resfriado**
- (c) **B1** ver la televisión - the other three are forms of exercise; watching television is a sedentary activity
- (c) **Answer: ver la televisión**
- (d) **B1** el camarero - the other three are health professionals; a waiter works in a restaurant, not in healthcare
- (d) **Answer: el camarero**

Question 4

- (a) **B1** salud
- (a) **Answer: salud**
- (b) **B1** enfermedad
- (b) **Answer: enfermedad**
- (c) **B1** relajado/a
- (c) **Answer: relajado/a**
- (d) **B1** estrés
- (d) **Answer: estrés**
- (e) **B1** fumador/a
- (e) **Answer: fumador/a**

Question 5

- (a) **B1** estar constipado/a really means 'to have a cold' (to be congested/have a blocked nose)
- (a) **B1** the Spanish word for 'constipated' is estreñado/a
- (a) **Answer: estar constipado/a = to have a cold; 'constipated' = estar estreñado/a.**

Question 6

- (a) **B1** equilibrada
- (a) **Answer: equilibrada**
- (b) **B1** ejercicio
- (b) **Answer: ejercicio**
- (c) **B1** evitar
- (c) **Answer: evitar**
- (d) **B1** dormir
- (d) **Answer: dormir**
- (e) **B1** relajarme
- (e) **Answer: relajarme**