6.3 Theme 1.2: Healthy living and lifestyle - Writing: 30-minute Pack

AQA 8692 · about 30 minutes

Total Marks

Name: _____ Date: ____ / ____ / _____

Question 1 is the Foundation tier task: write approximately 90 words in Spanish. Answer the question that matches your tier, or attempt both for practice. Question 2 is a short structured writing task: answer each bullet point with a short response in Spanish.

1 - lo que sueles comer en un día normal
- qué deporte o ejercicio practicas
- una opinión sobre la comida rápida
- un cambio que quieres hacer para llevar una vida más sana

(Total for Question 1 is 20 marks)

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2 You are filling in a short lifestyle questionnaire for a Spanish school project. Answer each question below with a short response in Spanish (one or two sentences).

(a) ¿Qué desayunas normalmente? **(2)**

(b) ¿Practicas algún deporte? **(2)**

(c) ¿Cuántas horas duermes cada noche? **(2)**

(d) ¿Qué haces para relajarte? **(2)**

(Total for Question 2 is 8 marks)

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Mark scheme · 6.3 Theme 1.2: Healthy living and lifestyle - Writing: 30-minute Pack

Question 1

Content and communication (AO4, 10 marks)

Level 3 All four bullet points covered with relevant detail; the email communicates clearly throughout; the opinion on fast food is clearly expressed and justified.	**8-10**
Level 2 Most bullet points covered, though development may be thin on one or two; the email is mostly clear; an opinion is given but the justification may be brief or missing.	**4-7**
Level 1 One or two bullet points covered in a basic way; the email has some clarity but gaps in meaning may occur; little or no opinion is offered.	**1-3**
Level 0 No creditable content, or the response is entirely irrelevant to the task.	**0**

Range and accuracy of language (AO4, 10 marks)

Level 3 A good range of vocabulary and structures, including at least one opinion phrase and one connective beyond 'y'/'pero'; verbs are mostly correctly formed and agree with their subject; errors do not hinder understanding.	**8-10**
Level 2 Some variety of vocabulary and structures; verbs are mostly recognisable though with some agreement or spelling errors; meaning is usually clear despite errors.	**4-7**
Level 1 Limited, repetitive vocabulary and structures; frequent verb errors; meaning is sometimes unclear.	**1-3**
Level 0 Language too limited or inaccurate to communicate meaning.	**0**

Indicative content:

- A description of a typical day's meals using the present tense, e.g. 'Normalmente desayuno cereales y como fruta a mediodía'.
- Mention of a sport or exercise practised regularly, e.g. 'Juego al fútbol dos veces por semana' or 'Voy al gimnasio los sábados'.
- An opinion on fast food using an opinion phrase, e.g. 'Creo que la comida rápida no es buena para la salud' / 'En mi opinión, hay que comerla con moderación'.
- A justifying clause introduced by 'porque', e.g. 'porque tiene mucha grasa y azúcar'.
- A change they want to make, using the conditional or 'me gustaría' or ir a + infinitive, e.g. 'Me gustaría dormir más horas' / 'Voy a beber más agua'.
- Use of 'debería' or 'tengo que' to express a health-related obligation, e.g. 'Debería hacer más ejercicio'.
- A connective beyond 'y'/'pero', e.g. 'aunque', 'sin embargo', 'además', to link ideas within or across sentences.

Question 2

(a) Content: names at least one plausible breakfast food or drink	**B1**
(a) Accuracy: desayunar or a related verb correctly conjugated in the first person	**B1**
(a) Answer: Normalmente desayuno tostadas con mermelada y un zumo de naranja.	
(b) Content: names a plausible sport or activity	**B1**
(b) Accuracy: jugar a + sport or practicar + sport correctly conjugated	**B1**
(b) Answer: Sí, juego al baloncesto todos los sábados por la mañana.	
(c) Content: gives a plausible number of hours of sleep	**B1**
(c) Accuracy: dormir correctly conjugated in the first person (stem change o to ue)	**B1**
(c) Answer: Duermo unas ocho horas cada noche.	
(d) Content: gives a plausible relaxing activity	**B1**
(d) Accuracy: a present-tense verb correctly conjugated in the first person	**B1**
(d) Answer: Para relajarme, escucho música o doy un paseo por el parque.	

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